



## Instructions That Help Mandible To Retrude Mandible Into Centric

- a) Instructions To Patient
- b) Tongue Retrusion
- c) Head Position
- d) Swalloing
- e) Temporalis Muscle Check
- f) Muscle Fatigue
- g) Relaxation

### Methods To Record CR

- a) Static
- b) Functional
  - i) Patterson
  - ii) Needle House
  - iii) Meyors
- C) Graphic
  - I)intraoral
  - li)extraoral
- D) Tactile Sense Or Interocclusal Check Record
- Miscellaneous