

PROCEDURE FOR ATRAUMATIC RESTORATIVE TREATMENT

The tooth is isolated with cotton rolls

The entrance of the lesion is slightly widened by hand instruments to remove gross overhanging unsupported enamel with enamel hatchet

The dental caries is removed by using either the small or medium size spoon shaped excavator

If necessary provide pulp protection by calcium hydroxide

Cavity is acid etched and isolated

Glass ionomer cement is inserted into the cavity and slightly overfilled

A gloved finger, which is smeared with petroleum jelly, is pressed on top of the entire occlusal surface and slight pressure is applied.

The bite is checked and excess material is removed with a sharp carver

The filling is covered with petroleum jelly once again or the varnish may be applied

The patient is instructed not to bite with the tooth for at least half an hour.